



Manitoba Chapter

CACCN Manitoba Chapter Newsletter



Fall 2011

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Greetings from the Manitoba Chapter CACCN Executive

Hello everyone and welcome to all new and returning members! We would like to welcome and introduce our 3 new executive members: Marjorie Chody, Rhonda Kaluzny, Camille Meub and James Danell.

Marjorie will be sharing the role of Programs Chairperson with Ashleigh and would like to share a little about herself . . . "I am so excited to be a new member of the CACCN and extremely honored to be serving on the Manitoba Chapter Executive this year. I graduated from the University of Manitoba in May 2010 and was fortunate enough to start working immediately as a grad nurse in the ICU at

Concordia Hospital. I completed the Winnipeg Critical Care Nursing Education Program at St. Boniface Hospital (SBH) from September 2010 to January 2011 and then returned to my position at Concordia Hospital. I am very happy to be working with Ashleigh on programs this year and hope you enjoy the educational events we are planning. If you have any suggestions about programs we would love to hear from you. Hope to see you at our events!"

Camille Meub is the 2011/2012 vice president . . . "I worked as a staff nurse in SICU at SBH for 7 years. Since 2004 I have been working in my current position in RHA Central MB as the Critical Care Education Facilitator. In my current position, I am responsible for orientation and continuing education for ER/ICU nurses throughout Regional Health Authority – Central Manitoba. This includes Portage District General Hospital and Boundary Trails Health Centre which each have a 4 bed ICU and busy ERs, as well as 6 smaller hospitals which provide ER services. I also coordinate and teach ACLS, Canadian Triage and Acuity Scale course (CTAS) and the BLS Instructor Trainer course. I collaborate with and participate in the regional Critical Care/Medical Team developing clinical guidelines to ensure staff are supported in their efforts to provide best practice care.

I also volunteer with CRNM as an RN Investigator."

Rhonda Kaluzny has taken on the role of treasurer . . . "I am looking forward to an exciting year as Treasurer of the Manitoba Chapter of CACCN. I currently work in MICU at Health Sciences Centre. Previously I worked at Concordia ICU for 7 years. I graduated from the RN Diploma Program at Red River College in 2003. After completing the Adult Intensive Care Nursing Program in 2006 I returned to U of M and completed my BN in 2008. Over the past several years I have enjoyed many of the CACCN education events such as Dynamics and Edge of Excellence. I look forward to meeting new and existing CACCN members throughout the coming year."

James Danell has taken on the role of membership . . . "Greetings, I have been working in ICMS at St. Boniface Hospital for the last 5 years.

Presently, I am in the Critical Care Clinical Educator role, however I am still quite passionate about bedside nursing. Prior to joining the Critical Care team, I spent two years growing up at Concordia Hospital on a family medicine ward. Outside of work, I have two large dogs, one physically challenged, the other has personality. I enjoy summers at the cabin with friends and time out on the water or deep in the bush. My role on the CACCN Executive is coordinating Membership. You may hear from me

when there are Education events or if your membership is up for renewal.”

In June 2011, the Executive met to formulate a plan for the upcoming year. We developed a list of goals and objectives focusing on the continued retention and recruitment of the Chapter as well as providing the critical care nursing profession with support for further knowledge acquisition and advancement of the science of critical care nursing. We look forward to hearing from

membership about education needs and what the chapter can do to meet your expectations.

Do you need continuing competency ideas? Watch for upcoming education sessions, featuring a variety of topics and speakers.

We will continue to use the website as a means to communicate as we work towards being “green”.

CACCN Executive 2011/2012:

Tannis Sidloski (President)
Camille Meub (Vice-President)
Rhonda Matheson (Secretary)
Rhonda Kaluzny (Treasurer)
Marjorie Chody (Co-Programs)
Ashleigh Shearer (Co-Programs)
James Danell (Membership)
Sara Unrau (Publicity/Newsletter)
Joy Mintenko (Member at Large)



Update on Education Sessions

Nursing the “Addict”: Everything you always wanted to know but were afraid to ask . . .

was held on June 9, 2011 at Concordia Hospital. This session featured Dr. Lindy Lee of Addictions Foundation of Manitoba, Constable DiGioia and Detective Goulet. The session was well received with participants from various professional fields and nurses from Kenora, Boundary Trails, Dauphin and Thompson. The session was available via telehealth in order to reach the broader Manitoba community.

Acute Liver Failure was held on October 11, 2011 at St. Boniface Hospital. This session featured Dr. Dean Bell. The session again was well attended and well received. Although liver failure is a rare occurrence we do see patients with liver failure at times. There is always something new to

be learned at any education session . . . does our current practice match current evidence? In this session we learned that patients with liver failure are often admitted into an ICU well into the Stage 3 or 4 level of failure, when ideally they should be admitted earlier during the course of the disease. Earlier treatment equals better chances of recovery and/or liver transplant if needed.

If you have any ideas or suggestions for upcoming seminars/educational sessions, please forward them to Marjorie Chody or Ashleigh Shearer. We would love to hear from you!

Upcoming Education Sessions

An Update in Right Ventricular Failure: Implications for the ICU

presented by Dr. Eric Jacobsohn, Department Head and Medical Director of Anesthesia: University of Manitoba and Winnipeg Regional Health Authority. To be held at St. Boniface Hospital – Asper Clinical Research Centre – 5th Floor, on December 7, 2011. Time 7:00pm to 9:00pm. Dinner will be served at 6:30pm. Register early as there is limited space!

Mark your calendars for our annual Manitoba Chapter CACCN Critical Care Conference, **“Edge of Excellence 2012”** to be held **February 27, 2012** at the Norwood Hotel. Stay tuned for further details.

Edge of Excellence Winnipeg, Manitoba Conference Report

Edge of Excellence 2011 was held on May 9, 2011 at the Norwood Hotel. The day was a success with many sponsors and 40 attendees. The day started off with a presentation on **Acute Kidney Injury Trivia - Interactive Session** by Kathleen Kirk. The format allowed for interaction from the attendees and was well received.

Top scoring table for Kathleen's session!



This was followed by **Infusion Therapy: What I See** by Nancy Friesen. Stephanie Burge and Camille Boucher shared an emotional story on **Pain and Palliative Care in Pediatrics: A Case Study**. The adult critical care nurses present felt that the case provided innovative ideas on palliation that could be carried over to the adult population. Sarah Gilchrist kept the audience on the edge of their seats with **CSI 2011**. All participants enjoyed speculating on diagnosis and management of the patient in this case study. The day ended with Linda Sheesley, a former intensive care patient, courageously sharing her story **Dying Would Have Been Easier – Reinventing Myself After Life-Changing Trauma**.

The Conference Planning Committee would like to extend a special thank you to all the speakers. A big thank you is extended to the Edge of Excellence 2011 Planning Committee for all their hard work and support to make this event happen.

Sara Unrau (Conference Chair)

Critical Care Nurse of the Year Award

Trudy Nernberg

Trudy graduated from the University of Manitoba's Faculty of Nursing in 1988 and began her career in

medicine at the Grace Hospital. In 1999 she completed her Masters of Nursing from the University of Manitoba. Trudy has worked in the Intensive Care Unit at the Grace Hospital since 1997 as a staff nurse and since 2007 as their Critical Care Clinical Educator. Trudy possesses an outstanding clinical knowledge and skill set which she transfers to new ICU nurses. Trudy is highly respected among the nurses in her unit and with colleagues throughout the region. Trudy has been instrumental in the amalgamation of the community and tertiary ICU programs into the Winnipeg Critical Care Nursing Education Program. As part of the vision she took on the role as lead for the preceptor workshops being offered to all ICU nursing staff and potential preceptors.

Trudy participates on many committees including WRHA Critical Care Quality Improvement Committee, WRHA Code Blue Standardization Committee, Critical Care Program Council, and ICU Patient and Staff Safety Committee to name a few. She has been a driving force behind many initiatives at Grace Hospital including the sepsis protocol and organ donation collaborative. Trudy exemplifies the qualities of an exceptional educator. She is known for her passion of critical care nursing and creative educational strategies such as her T3 "Tuesdays at Three with Trudy" where she provides in unit spontaneous reviews and in-services.

Trudy is an outstanding critical care nurse known for her professionalism, "can do" attitude and her support for the growth of critical care nurses.

Please join us recognizing Trudy Nernberg's achievements as Critical Care Nurse of the Year 2011.



**Manitoba Chapter CACCN Executive
would like to congratulate
Trudy Nernberg
on receiving the
Critical Care Nurse of the Year Award!**

Dynamics of Critical Care 2011: Chapter Connections Day

(Tannis Sidloski, Manitoba Chapter President)

Chapter Connections Day provides a forum for our National Board of Directors to discuss their goals and objectives for the year as well as an opportunity for the chapters from across Canada to share their successes and challenges. It allows for excellent networking, sharing of experiences and learning from each other.

There are new exciting projects and goals that the National Board has been working on that will certainly benefit all our members. Our Board of Directors has been busy making international connections with the American and British Critical Care Nursing Associations. We have much to learn from each other and this will certainly increase the visibility of CACCN outside of Canada.

A 'chat forum' will soon be available for chapter presidents to interact, share and learn from each other's chapter experiences. Please **use your voice** to let myself or any other Manitoba Chapter executive member of any of your questions or comments regarding CACCN. We will have this link of all of our colleagues across the country at our fingertips.

The CACCN website is becoming increasingly dynamic. Please ensure you visit the website to view the weekly National President's blog as well as view the member's only section.

Dynamics of Critical Care 2011: Critical Care Nursing: Our Kaleidoscope

October 16 to 18, 2011

Dynamics continues to bring critical care colleagues together from all across Canada. This year it was held in London, Ontario.

The theme this year was "Our Kaleidoscope" and the conference began with Kate Mahon, CACCN National Board President. An inspirational speaker, who encouraged us all to "**find your voice**", and speak up about the issues that affect critical care nursing. We have amazing stories and experiences to share.

As a delegate attending the Dynamics conference, I was intrigued by the various topics, with many different speakers and educational opportunities to enhance clinical practice. Topics ranged from blood products, blood sampling, ACLS guidelines, organ

donation, end of life in the ICU, preceptorship to list a few.



Winnipeg boasted several speakers and poster participants at this conference.

There were also many poster presentations with a wide variety of topics that were accessible throughout our 3 days show casing research that Canadian critical care nurses are involved with.



(A few of the Manitoba delegates courtesy of Brenda Kline)

CACCN National Board of Directors sponsored a "Talk of the Town" party with appetizers and opportunities to vote for the "best poster". The 80's Annual dinner provided a great avenue for delegates to enjoy the music of the 80's. Manitoba Chapter delegates won the karaoke competition with their rendition of Journey's *Don't Stop Believing*.

What a fabulous experience, and the knowledge and understanding you leave with is empowering! The ability to network with other Critical Care nurses was a tremendous opportunity!

Next year's Dynamics conference will be in Vancouver, British Columbia and we are looking forward to see you there!

(Sara Unrau, Manitoba Chapter Publicity)

**Mark your Calendars for
Edge of Excellence 2012
February 27, 2012
At Norwood Hotel
Winnipeg, Manitoba**

Edge of Excellence 2012

Call for Abstracts



The Manitoba Chapter will be holding its annual **Edge of Excellence Critical Care Nursing Conference** on February 27, 2012 at the Norwood Hotel.

The Manitoba Chapter is extending an invitation to nursing and other health care professionals to submit abstracts for oral presentations in Adult, Pediatric, and Neonatal Critical Care.

Deadline: December 15, 2011

Please include the following with your submission:

1. An abstract of approximately 250 words.
2. A reference list.
3. Presentation experience.
4. Speaker's mailing address, telephone, and email address.

Selection of abstracts will be completed and acknowledged by January 6, 2012.

Please email submissions to sunrau@sbgh.mb.ca.

If you have a submission idea and would like to discuss it or need assistance with preparing a submission, please call Sara Unrau at (204) 237-2898.

Awards

There are many recognition awards made available through CACCN and we would like you to recognize your Manitoba colleagues for their dedication and contributions to critical care.

As critical care nurses we work with many outstanding ICU nurses and we would like to encourage you to nominate these nurses for one of these awards. Next time you are at work take a look around at your colleagues and nominate one of them for an award to let Canada know about the amazing ICU nurses in Manitoba.

For further information go to www.caccn.ca

CACCN Website Your Online Resource www.caccn.ca

The CACCN Website offers many resources:

- CACCN Events
- CACCN Chapters
- Membership application
- National Chat Forum coming soon
- President's Blog
- Critical Care Publications
- Education and Resources
- Job Links
- Awards and Recognition
- Surveys
- Links to Canadian and International Critical Care Sites

Winnipeg Critical Care Nursing Education Program Graduating Class of January 2011

The Winnipeg Critical Care Nursing Education Program (WCCNEP) is proud to celebrate the success of these deserving and hard working nurses.



Please join us in congratulating this group of nurses!

Ashley Carruthers
Timor Froimoviche
Elisha Krahn
Stephanie Cartier
Jenny Chen
Linda Cummings
Charleen Kindrat
Kari Hamblin
Jason Patmore
Teresa Rostek
Marydelle Soliman
Jacqueline Tolentino
Ashley Mickelson-Crabb

Cherise Chambers
Sarah Blenkhorn
Manuela Alves
Jamie Manness
Brenda Okepnak
Tamara Kendel
Andrea Matsalla
Tom Millar
Robyn Porcher
Tara Siemens
Lindsay Streuber
Danielle Zbrog

Marcos Bordoos
Amanda Bornhorst
Charlotte Brnjas
Ashley Catena
Alannah Fargher
Myrna Davis
Jaylin Loeppky
Ainslie Penner
Rintu Rapai
Joanna Swynar
Leah Sullivan

These nurses completed the 14 weeks of Theory and Clinical, and went on to complete the Specialized Orientation portion of



the program at the units and sites where they have taken positions. They have taken positions throughout the Winnipeg region in a variety of hospitals.

The rewards and benefits of the WCCNEP are many. The advanced knowledge will help these nurses care for the critically ill patient. We wish them success in their critical care nursing careers.

Remember – **YOU** are our best ambassadors to recruit, so please encourage nurses to take the program and become critical care nurses.

Information about the WCCNEP can be found on the WRHA website at:

www.wrha.mb.ca/prog/criticalcare

CACCN Manitoba Chapter would like to recognize

**Sarah Blenkhorn
Jenny Chen
and
Leah Sullivan**

on the receipt of the
Manitoba Chapter
Recognition Award!



Spotlight on . . .

We have done a feature on Brandon ICU, Victoria ICU and Seven Oaks ICU, Concordia ICU, and Boundary Trails Health Centre ICU and we would like to hear continue to hear from and about your ICUs and your experiences.

Send your story to sunrau@sbgh.mb.ca for the next newsletter!

The National CACCN President's, Kate Mahon, has focused her term on ways for critical care nurses to **"Find your voice!"**. Sharing your experiences and challenges about issues that affect critical care nursing practice is one way to "find your voice". An expert from her abstract reads "At the bedside ICU nurses are not shy or hesitant when it comes to speaking and advocating for their patient and family, but much of what we do and how we do it is behind the closed doors of the ICU making it invisible to the general public." As critical care nurses, we work with advanced technology on a daily basis and have advanced knowledge that we could all benefit from sharing.

Ask The Expert

If you have a question, chances are half your colleagues will have the same question!

Send us your questions and we will find the expert to answer.

Send any questions to sunrau@sbgh.mb.ca.

If you have an article, case study, or other information to share with the critical care community we would love to hear from you.

Please send them to sunrau@sbgh.mb.ca

Accreditation this is the buzz word in hospitals across the region recently.

What is it . . . Accreditation is a process of evaluating the performance of a specific area against national standards of excellence. Patient safety and quality care are two of the focus areas.

The surveyors will be using a "Tracer Methodology" during site visits Administrative Tracer of Clinical Tracer. The Administrative Tracer can follow a policy, a process, or an organization wide initiative such as hand hygiene. The Clinical Tracer will review services from a client perspective. The process involves a review of client files, talking and listening to clients and individuals involved in the care of a client, direct

observation and tours of areas a client may have been admitted to or referred to. This information will be recorded for review.

In critical care across the region, quality initiatives are constantly being worked on. Some of these include: VAP prevention, Central Line Infection prevention, DVT and Stress Ulcer Prophylaxis, Hand Hygiene, Fall Prevention, Advance Care Planning, just to list a few. Your job is to be aware of your role in these initiatives and what is being done at your sites to ensure quality care is being delivered.

Each work area will have identified "leads", please do not hesitate to approach them with any questions or for more information.

Updates on Events

The Surgical Intensive Care Nurses at the Health Science Center are hosted their Annual Education Day on: **Friday, November 4, 2011 at Canad Inns, Club Regent Hotel.**

The Target Audience was Nurses, Physicians, Physiotherapists, Respiratory Therapists, Paramedics, Pharmacists and other members of the multidisciplinary team. Pre Hospital care givers are welcome.

The topics pertain to the Critical Care Quality Initiatives of Management of Delirium, Promoting Mobility in ICU ,and the Management of Neurosurgical Patients requiring Endovascular Intervention. The conference included breakfast and lunch.

Contact registrar Eliana Soto-Guerrero, RN SICU, by esguerrero@hsc.mb.ca

Membership Recognition

All members that have been a CACCN member for 2 years or less were entered in a draw for tuition to the 2012 Edge of Excellence.

Congrats to Kathy Harris

All members that have been a CACCN member for more than 2 years were entered in a draw for tuition to the 2011 National CACCN Conference.

Congrats to Cathy Ferguson

CACCN Membership Challenge

that ran from
January 15, 2011 to February 15, 2011

The ICU with the highest percentage of nurses that are current CACCN members will win a

Pizza Party!

Congrats to SOGH ICU, they had the highest percentage of CACCN members!

For further information go to www.caccn.ca

Remember to visit the Members Only section of the website to let your voice be heard on political issues.



Manitoba Chapter

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