

## *From Idea to Print Prepare to Publish*

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## *Why Bother?*

- Challenging health care issues and advances
- Disseminate information and learn from each other
- Improvement in patient care
- Professional opportunity
- Professional recognition
- Satisfaction

## *Prepare to Publish*

- Getting started
- Developing an idea
- Developing the topic and gathering information
- Parts of the manuscript
- Editing
- Submitting the manuscript
- The review process
- The final publishing process

## *Getting Started*



- Who
- What
- When
- How

## *Developing an Idea*



- An interesting clinical situation?
- A new therapy?
- Research results?
- Advances in the area?
- What interests you?

## *Developing the Topic and Gathering Information*

- Outline
- Literature Review

## *Outline for a Research Report*

- Background to the study
- Literature review
- Purpose
- Methodology
- Results
- Discussion
- Limitations
- Conclusion

## *Outline for a Clinical Article*

- Overview of a clinical case
- Pathophysiology
- Assessment
- Interventions
- Results

## *Literature Review*

- Electronic Databases
  - MEDLINE
  - Cumulative Index of Nursing and Allied Health Literature (CINAHL)
- Currency
- Accuracy

## *Parts of a Manuscript*

- Title
- Title page
- Abstract
- Introduction
- Body
- Conclusion/summary/implications
- References - APA
- Tables and figures

## *Parts of a Manuscript*

- Title
  - summarizes the main idea
  - sounds interesting
  - not too long, not too short
  - stands alone
  - 10 - 12 words

## *Parts of a Manuscript*

- Title page
  - authors including credentials, positions, and affiliations
  - address for correspondence
  - page numbering starts here
  - running head not necessary

## *Parts of a Manuscript*

1

The Dangerous Side of Heparin: Allergy and HIT

Marlene I. Donahue, RN, MN  
Clinical Coordinator Cardiac Surgery  
Foothills Medical Centre

Send correspondence to:  
Marlene Donahue  
Address

## *Parts of a Manuscript*

- Abstract
  - summary of article
  - readers decide whether to read entire article based on the abstract
  - readable
  - well-organized
  - brief (about 120 words)

## *Parts of a Manuscript*

- Introduction
  - tells the reader what the article is about



## *Parts of a Manuscript*

- Body
  - organized, clear and succinct
  - transitions and sentence structure
  - crediting others work

## *Parts of a Manuscript*

- “It is a professional accomplishment to have a manuscript accepted for publication and an event that should be celebrated” (Wachs, 1996, p. 276).
- Wachs (1996) states that it “is a professional accomplishment to have a manuscript accepted for publication and an event that should be celebrated” (p. 276).

## *Parts of a Manuscript*

- Pulse oximetry has been reported to be accurate within 5% +/- 2% of the measurements obtained by blood gas analysis (Ahrens, 1993; Kissinger, Hamilton, & Rozycki, 1991).

### *Parts of a Manuscript*

- In the presence of high levels of MetHb, SpO<sub>2</sub> is erroneously low when SaO<sub>2</sub> is above 85% and erroneously high when SpO<sub>2</sub> is below 85% (Mardirossian & Schneider, 1992; Wahr et al., 1995).

### *Parts of a Manuscript*

Norepinephrine causes vasoconstriction

vs.

Vasoconstriction is caused by the effects of norepinephrine

### *Parts of a Manuscript*

- Avoid wordiness
  - *utilize* change to *use*
  - *based on the fact that* change to *because*
  - *at the present time* change to *now*
  - *for the purpose of* change to *to*

### *Parts of a Manuscript*

- Avoid redundancy
  - *A total of* 68 participants
  - observations, which were *exactly* the same as before
  - *absolutely* essential
  - *summarize* briefly
  - The reason is *because*
  - *period of* time

### *Parts of a Manuscript*

- Nurses feel there is no room for more equipment at the bedside.
- Nurses believe there is no room for more equipment at the bedside.

### *Parts of a Manuscript*

- Avoid anthropomorphism
  - This article will describe .....
  - This study will measure .....
  - This article includes .....
  - The authors will describe .....

## Parts of a Manuscript

- Abbreviations
  - The American Psychological Association (APA) recommends avoiding excessive use of abbreviations. The APA also permits the use of widely accepted abbreviations now used as words, such as AIDS and HIV.

## Parts of a Manuscript

- Conclusion - “so what?”
- Summary - “what I just said”
- Implications - “what now?”

## Parts of a Manuscript

- References

Brooks-Brunn, J.A. (1998). How and when to reference. *Nurse Author & Editor*, 8(2), 1-4.

Foreman, M.D., & Kirchhoff, K.T. (1987). Accuracy of references in nursing journals. *Research in Nursing and Health*, 10, 177-183.

## Parts of a Manuscript

- References

Scherer, J.C. (1985). *Lippincott's nurses' drug manual*. Philadelphia: Lippincott.

Levin, D.C., & Gardiner, G.A. (1992). Coronary arteriography. In E. Braunwald (Ed.), *Heart disease: A textbook of cardiovascular medicine* (4th ed., pp. 235-275). Philadelphia: Saunders.

## Parts of a Manuscript

- References

Author's Surname, Initials. (Date of internet publication). *Document Title*. Retrieved date at <URL>.

## Parts of a Manuscript

- Tables

**Table 1: Neuropsychologic Dysfunction**

Authors	Sample	No. of Tests
Mattlar et al., 1981	64 CABG	7
Sotaniemi et al., 1981	49 CVS	7
Bethune, 1982	8 CABG	1
Savageau et al., 1982	172 CABG	3
Savageau et al., 1982	245 CVS	3

## Parts of a Manuscript

- Figures
  - chart
  - graph
  - photograph
  - drawing
  - other illustration



## Editing

- Self-edit
  - flow
  - logical sequence
  - read aloud
  - correct errors and typos
- Peer-edit



## Submitting the Manuscript

- one journal at a time
- follow guidelines
- check references for accuracy and completeness
- check headings



## Headings

Title

### Section 1

Paragraph starts here and continues until you reach the next section.

### Section 2

And so on.

## Headings

Title

### Section 1

*Subheading under each section.* Then continue with the text here.

*Next subheading would be here.* Continue on with this subsection.

### Section 2

*Subheadings again.* And so on.

## The Review Process

- Peer-reviewed
- Double blinded
- Compilation of comments
- Timeframe - about 8 weeks
- Revisions are frequent
- Never take comments personally

## *The Final Publishing Process*

- Resubmission of manuscript
- Copyright
- Timeline
- Extra copies

