



## Spacelabs Innovative Project Award – First Place



*Elizabeth Gordon, Brenda Ridley, Janine Boston and Peter Robertson, Account Manager, Spacelabs Medical*

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### **Elizabeth Gordon, Brenda Ridley, Janine Boston and Eileen Dahl, Toronto, ON**

#### ***“The Building Bridges Initiative”***

The Building Bridges initiative was the first interprofessional collaboration creating an End of Life program at University Health Network. It was the first time Nursing, Allied Health and Medicine from 3 ICUs collaborated on an educational initiative of this scale.

The Building Bridges program brought together an Interprofessional Team from the three ICUS to create a dynamic 8 hour workshop for ICU staff. Participants had the opportunity to build bridges with each other and UHN resources by engaging in interprofessional learning, sharing narratives, and increasing awareness of resources, with facilitation from Nursing, Medicine, Palliative Care, Bioethics, Social Work, Physiotherapy, Wellness and Spiritual Care.



The workshop was divided into a 3 part program: Moral Distress including: Self Care and Wellness activities; Communication and Quality End of Life. Through dialogue and sharing experiences staff developed an increased awareness of each other's roles. It created a shared place to share the stories of the challenges of ICU care. It helped the three ICUs realize that they are unique in specialization, but similar in the challenges that they face providing optimal patient care.