The Canadian Association of Critical Care Nurses is pleased to bring you this monthly e-newsletter to keep you informed of the latest association news, educational resources, and events.

**THOUGHT FOR THE MONTH:** "No act of kindness is too small. The gift of kindness may start as a small ripple that over time can turn into a tidal wave affecting the lives of many" ~ Unknown

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**CERTIFICATION**

- **Certified Nurses Day - March 19, 2014** - take time to honour yourself and your certified nursing colleagues. Encourage eligible nurses to certify in our specialty!

- **Complimentary Webinar:**
  - CACCN is pleased to announce a complimentary webinar on March 25 and 26, 2014 from 1600 to 2000 ET to assist nurses as they prepare to write the CNA certification exam in Critical Care Paediatrics.
  - This webinar would also be beneficial to those who provide step-down or cross over experience with children in adult critical care units.
  - To register please go to the CACCN Contact Page and send an email advising you wish to attend.

- Writing the adult certification examination in April 2014? Be sure to access the CACCN Certification Study Guide in the Members Only area. Remember the certification guide is a members only benefit and has been provided for the personal use of CACCN members preparing for the examination.

- Planning to renew your certification? CNA has extended the deadline to May 31, 2014. Visit CNA Certification for more information.

- Questions about your Certification application? Please call CNA Certification at (613) 237-2133 or 1-800-361-8404
Teddie Tanguay’s term as President of CACCN will come to a close on March 31, 2014. Please take a moment to read her final Critical Thinking column and Blog, as she looks back on her time as Association President, Board member and active CACCN member for over 27 years:

"It is with mixed feelings that I sit down to write this, my last, critical thinking column. It is hard to believe that my time leading this organization has come to a close. Two years ago I chose the theme Speak with Conviction, as I believed that critical care nurses must speak with conviction and have a united voice to ensure that our critically ill patients receive the best care possible. As care providers we are influential in driving evidence-based services across units, organizations and communities. If we neglect to speak up someone else will fill the void our silence creates, someone who may not advocate for our patients with the same degree of passion, knowledge and awareness of need. This is fundamentally the reason that I chose Speak with Conviction for my theme...” - read more

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**DYNAMICS 2014 - September 2014 - Quebec City, QC**

- Travel and Accommodation Information
- Watch for the Dynamics: Journal of the CACCN Spring Abstract Edition and conference flyer to arrive in early May 2014
- Online registration scheduled to open June 1, 2014

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**CACCN AWARDS**

- **June 1, 2014** -- Start planning now to submit your nominations for a deserving colleague for the following CACCN Awards:
  - Spacelabs Innovative Project Award > Prix des projets novateurs Spacelabs
  - Cardinal Health "Chasing Excellence" Award > Prix d'excellence Cardinal Health
  - BBraun "Sharing Expertise" Award > Prix BBraun du partage de l’expertise
  - Brenda Morgan Leadership Excellence Award > Prix d'excellence en leadership Brenda Morgan

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**CACCN CHAPTERS**

- **Featured chapter for April:** London Regional

- **Upcoming Chapter Events:**
  - Montreal Chapter: "The Quarterly: Multiple Trauma in the PICU" - April 25, 2014 - register now
  - New Brunswick Chapter: "Critical Care Education Day" - March 29, 2014 - registration information
  - Toronto Chapter: Evolutions Conference - May 7, 2014 - more information

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**RESOURCES AND ARTICLES**

- **American Journal of Critical Care (AJCC)**
  - Interface Pressure at Different Degrees of Backrest Elevation With Various Types of Pressure - Redistribution Surfaces - VAP Prevention
  - Depressed or Not Depressed: Untangling Symptoms of Depression in Patients Hospitalized With Coronary Heart Disease
  - Patient Predictors of Dexmedetomidine Effectiveness for Sedation in Intensive Care Units
The inability to communicate during mechanical ventilation can lead to anxiety, panic and frustration, putting those patients at greater risk for preventable adverse events. The SPEACS-2 program was developed from a series of multidisciplinary research studies led by critical care nurse researcher, Mary Beth Happ, PhD, RN, FGSA, FAAN to improve communication with patients in the intensive care unit.

The SPEACS-2 program includes web-based communication training for nurses, resources to use with patients and bedside teaching rounds provided by a speech pathologist.

The program improves nurses’ knowledge, comfort and satisfaction in communicating with mechanically ventilated patients.

SPEACS-2 - LEARN MORE

CACCN PARTNERS

- American Association of Critical-Care Nurses (AACN)
  - Step Forward - AACN Bold Voices – “Staying Whole” – Vicki Good, AACN President 2013-2014
  - NTI 2014 – Denver, CO - May 17-22 - Learn more and find everything you need to register and start planning! Click here

- Cameroon Critical Care Nurses
  - Facebook

- Canadian Nurses Association
  - NurseOne
  - CNA Annual Meeting and Biennial 2014: June 16 to 18, 2014...more info

- Canadian Patient Safety Institute (CPSI)
Ghost Busting In Healthcare Series: A Different Way of Thinking
CPSI Research Results: click here

Canadian Critical Care Trials Group (CCCTG)
- Programs

Institute for Safe Medication Practices Canada (ISMPC)
- Website
- English / French
- Improving Vassopressor Safety - watch for an article about Vassopressor Stewardship in the Spring CACCN Dynamics Journal!

The Saudi Critical Care Society (SCCS)
- Website
- Facebook page

World Federation of Critical Care Nurses (WFCCN)
- Connect - WFCCN Journal
- WFCCN Newsletter

World Federation of Pediatric and Critical Care Societies (WFPICCS)
- Paediatric Critical Care Journal
- Projects
- Newsletters
- Join the LinkedIn Group

OTHER CONFERENCES AND EVENTS

Visit the Other Conferences and Events page for information on the following:
- Horizons 2014 - AACN Region 1, Portland, MN - April 2 - 4, 2014
- WFPICCS - 7th World Congress on Pediatric Intensive and Critical Care - Istanbul, TK, May 4 - 7, 2014
- BAACN 29th Annual Conference - Developing a Leading Edge in Critical Care - Cardiff Wales - September 8 - 9, 2014
- CCCF - Toronto, ON - October 29 - November 1, 2014
- WFCCN - World Congress - Antalya, TK - November 13 - 16, 2014

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- Together we can grow!