ENDING DATE: MARCH 1, 2009

Sponsored by:
Canadian Nurses Foundation, Nursing Care Partnership program

The Canadian Nurses Foundation (CNF) and the Nursing Best Practice Research Unit (NBPRU) are continuing their partnership to build additional research capacity and fund projects in the area of best practice guidelines. We are requesting full research proposals from interested and eligible health care organizations across Canada to conduct research on the uptake and impact of the Registered Nurses’ Association of Ontario (RNAO) nursing best practice guidelines (BPG) on nursing practice, patient/client and/or community outcomes.

CNF’s Nursing Care Partnership program (Canadian Health Services Research Foundation grant) provides matched funding for this initiative. Based on scientific merit and potential for impact, up to three (3) projects will be awarded approximately $30,000 each, conditional on matched funding being identified by the applicant organizations.

BACKGROUND

Canadian Nurses Foundation

CNF was created in 1962 to build nursing research capacity in Canada. Affiliated with the Canadian Nurses Association, CNF builds and sustains diverse partnerships with organizations and individuals to promote increased funding to advance nursing knowledge through the provision of research grants, awards, and scholarships.

In 1999, the Federal government allocated $25 million over 10 years to support nursing research. The Nursing Care Partnership (NCP) is one program of the Nursing Research Fund (NRF). This program provides operating grants for research projects that address nursing care issues and have potential for impact on nursing practice. NCP defines nursing care research or clinical nursing research as research that is practice-based or that will provide the groundwork for future practice-based studies. CNF administers the NCP through co-sponsorships with organizations.
Nursing Best Practice Guidelines Program

The Registered Nurses’ Association of Ontario (RNAO) through funding from the Ontario Ministry of Health and Long-Term Care leads a multi-year program to develop, implement, evaluate and disseminate nursing best practice guidelines.

Clinical Guidelines
The Clinical Nursing Best Practice Guidelines components was launched in November of 1999 and has, to date, developed thirty (30) guidelines, a “Toolkit” for implementing clinical practice guidelines and an Educator’s Resource Kit for integrating guidelines in educational curriculum and staff development as well as other BPG specific implementation tools and fact sheets for the public (See Appendix A for complete list of guideline titles). The published guidelines are disseminated using a multi-pronged approach including marketing, a formal Best Practice Champions network, Best Practice Spotlight Organization initiative, demonstration projects, publications and presentations, and more.

Healthy Work Environment Guidelines
The Healthy Work Environment guidelines components were launched in August 2003, and complements the clinical BPG program. Details of the program and achievements to date can be found at www.rnao.org/bestpractices. The 6 healthy work environment guidelines provide a sound context for implementation of the clinical guidelines. Topics include leadership, collaborative practice, staffing and workload, cultural diversity, professionalism, and workplace health safety and well-being. Full titles are listed in Appendix A.

In March of 2005, the RNAO and the University of Ottawa, School of Nursing partnered and launched the Nursing Best Practice Research Unit (NBPRU), building on their previous work on evaluation of over 20 clinical guidelines. The NBPRU is a unique network and collaboration between researchers, educators, professional associations, health care organizations, policy makers and students for the purposes of research conduct, dissemination, exchange and transfer. Researchers successful in the CNF research award competition will be invited to apply for membership to the NBPRU. NBPRU will also provide members opportunities for dissemination of project research findings through its website and other strategies. Go to www.nbpru.ca for more information on the research unit, membership and resources such as measurement tools, user guides to measurement tools. Please see the Annual Report for 2007/2008 with the list of 50 current research projects and 60 related publications on the best practice guidelines.

REQUEST FOR PROPOSAL

1. The Canadian Nurses Foundation, in collaboration with the Nursing Best Practice Research Unit, invites proposals from Canadian health care organizations and schools of nursing to conduct research on the uptake and impact of one or more RNAO guidelines on practice, patient/client, community, and/or system outcomes. Applicants must select one or more of the clinical guidelines produced by RNAO (See appendix A).

2. The selected applicant organizations are encouraged to work collaboratively with the Nursing
Best Practice Research Unit in order to build on the evaluation experience of the Unit with respect to the use of previously developed evaluation measures, instruments, or methodology as well as guideline implementation and uptake strategies.

a. Applicants are also encouraged to make use of the resources available through the Nursing Best Practice Research Unit and RNAO when developing proposals for submission.

b. Applicants are encouraged to make use of healthy work environment guidelines in developing their research about implementing clinical nursing best practice guidelines.

3. Up to $30,000 will be made available to each applicant recommended by CNF for funding, based on merit review. Proposals will be reviewed and rated by the NCP Merit Review Panel based on scientific merit and potential impact. The merit review process is detailed on the CNF website www.cnf-fiic.ca under Nursing Care Partnership / Best Practice Guidelines. The applicant organization must at minimum match the awarded funding.

4. The Principal Investigator(s) is/are expected to manage the project from start to finish with additional staff as required. The principal investigator (who may be from a school of nursing) will be the on-going liaison with the Nursing Best Practice Research Unit. While the fund supports novice researchers, research teams are encouraged to include at least one experienced PhD prepared investigator.

5. Proposal Budgets should reflect only costs directly related to research (e.g., laboratory materials and supplies, hiring research/technical assistants and related travel). The purchase of necessary equipment is permitted. Stipends for research trainees (e.g., graduates students, post-doctoral fellows) are allowed. Funds may not be used as salary for the grantees or for indirect costs of research (e.g., library, heat and light, office furniture, overhead, administrative charges and fees). NCP does not fund the costs of program delivery, incremental or otherwise. As long as the costs are direct costs of research, applicant organizations may contribute to cash, in-kind or a combination of the two.

6. The research study must commence no later than September 1, 2009 and be completed no later than August 30, 2010. Proposals may be extended with prior approval only to February 28, 2011.

The Nursing Best Practice Research Unit will, at minimum, commit to:
1. Providing access to published and electronic guidelines.
2. Provide expert consultation on the relevant guideline(s) as well as guideline implementation, uptake and evaluation.
3. Enable access to implementation resources and experience researchers.

Instructions to Applicants:

♦ Use the accompanying application form to develop and submit your proposal.
♦ Please register intent to submit by February 6, 2009 by emailing a brief statement including your name, organization and contact information to info@cnf-fiic.ca 613 237-2159 ext. 250.

Deadline for submission of full proposal: March 1, 2009
Inquiries may be directed to:

**HÉLÈNE SABOURIN**  
Executive Director/Directrice exécutive  
Canadian Nurses Foundation/Fondation des infirmières et infirmiers du Canada

50 Driveway St.  
Ottawa, ON K2P 1E2  
Phone: (613) 237-2159 ext. 250  
Fax: (613) 237-3520  
Cell: (613) 795-7635  
E-Mail: info@cnf-fiic.ca  
Web Site: www.cnf-fiic.ca

**Dr. Irmajean Bajnok,**  
Director, RNAO's International Affairs and Best Practice Guidelines Programs  
Co-Director, Nursing Best Practice Research Unit (NBPRU)

158 Pearl Street  
Toronto, ON M5H 1L3  
Phone: 416-599-1925 x 234  
Direct Line: 416-408-5640  
Fax: 416-599-1926  
e-mail: ibajnok@RNAO.org

**Dr. BARBARA DAVIES**  
Associate Professor  
School of Nursing  
University of Ottawa

451 Smyth Road  
Ottawa, Om k1H 8M5  
E-Mail / Courriel: bdavies@uottawa.ca  
Phone / Téléphone: 613-562-5800 ext/poste 8436  
Fax / Télécopieur: 613-562-5443
Appendix A
“RESOURCES”

NURSING BEST PRACTICE GUIDELINES & RESOURCES

Select documents are also available in French

Clinical Published Guidelines

- Assessment and Management of Foot Ulcers for People with Diabetes - 2005
  - Évaluation et traitement des plaies du pied chez les personnes atteintes de diabète
- Assessment and Management of Pain – 2002, revised supplement 2007
  - Évaluation et prise en charge de la douleur
- Assessment and Management of Stage I to Stage IV Pressure Ulcers – 2003, revised supplement 2007
  - Évaluation et traitement des lésions de pression de stades 1 à 4
- Assessment and Management of Venous Leg Ulcers – 2004, review supplement 2007
- Best Practice Guideline for the Subcutaneous Administration of Insulin in Adults with Type 2 Diabetes - 2004
  - Administration de l’insuline par voie sous-cutané chez les adultes qui ont le diabète de type 2
- Breastfeeding Best Practice Guidelines for Nurses– 2003, revised supplement 2007
- Caregiving Strategies for Older Adults with Delirium, Dementia and Depression - 2004
- Client Centred Care – 2002, revised supplement 2006
  - Soins axés sur les besoins du client
- Crisis Intervention – 2002, revised supplement 2006
- Enhancing Healthy Adolescent Development - 2002
  - Établissement de la relation thérapeutique
- Integrating Smoking Cessation into Daily Nursing Practice – revised 2007
  - La cessation du tabagisme: integration dans la pratique quotidienne des soins infirmiers
- Interventions for Postpartum Depression - 2005
- Nursing Care of Dyspnea: The 6th Vital Sign in Individuals with Chronic Obstructive Pulmonary Disease (COPD) - 2005
Nursing Management of Hypertension – 2005

Prevention of Constipation in the Older Adult Population – revised 2005
  • Prévention de la constipation chez les personnes âgées

Prevention of Falls and Fall Injuries in the Older Adult – revised 2005
  • Prévention des chutes et des blessures associées chez la personne âgée

Primary Prevention Strategies for Childhood Obesity - 2005

Promoting Asthma Control in Children – 2004, review supplement 2008

Promoting Continence using Prompted Voiding - revised 2005
  • Favoriser la continence par le déclenchement de la miction

Reducing Foot Complications for People with Diabetes – 2004, review supplement 2007
  • Réduction des complications des plaies du pied chez les diabétiques

Risk Assessment and Prevention of Pressure Ulcers – revised 2005
  • Évaluation du risque et prévention des lésions de pression

Screening for Delirium, Dementia and Depression in Older Adults – 2003

Strengthening/Supporting Families through Expected and Unexpected Life Events – 2002, revised supplement 2006

Stroke Assessment Across the Continuum Care - 2005

Woman Abuse: Screening, Identification and Initial Response - 2005
  • La violence faite aux femmes : Dépistage, identification et intervention initiale

Educator’s Resource: Integration of Best Practice Guidelines - 2005

  • Trousse sur la marche à suivre: mise en place des lignes directrices pour la pratique clinique

HWE (Healthy Workplace Environment) Published Guidelines
  • Developing and Sustaining Nursing Leadership - 2006
    • Développement et pérennisation du leadership infirmier
  • Collaborative Practice Among Nursing Teams - 2006
    • Les soins en collaboration au sein des équipes d’infirmières
  • Embracing Cultural Diversity in Health Care: Developing Cultural Competence - 2007
  • Professionalism in Nursing – 2007
    • Professionnalisme en soins infirmiers
  • Developing and Sustaining Effective Staffing and Workload Practices - 2007
  • Workplace Health, Safety and Well-Being of the Nurse - 2008

Condensed Guidelines for Personal Digital Assistants (PDAs)

• Assessment and Management of Stage I to IV Pressure Ulcers: http://www.rnao.org/pda/ulcer
• Client Centred Care: http://www.rnao.org/pda/client
• Crisis Intervention: http://www.rnao.org/pda/crisis
• Developing and Sustaining Nursing Leadership: http://www.rnao.org/pda/lead
• Integrating Smoking Cessation into Daily Nursing Practice:  
  http://www.rnao.org/pda/quit
• Prevention of Constipation in the Older Adult Population:  
  http://www.rnao.org/pda/cons
• Promoting Continence Using Prompted Voiding:  
  http://www.rnao.org/pda/void
• Risk Assessment and Prevention of Pressure Ulcers:  
  http://www.rnao.org/pda/risk
• Caregiving Strategies for Delirium, Dementia and Depression  
  http://www.rnao.org/pda/dddc
• Screening for Delirium, Dementia, and Depression in Older Adults:  
  http://www.rnao.org/pda/ddds
• Assessment and Management of Pain:  
  http://www.rnao.org/pda/pain
• Stroke Assessment Across the Continuum of Care:  
  http://www.rnao.org/pda/stroke
• Adult Asthma Care Guidelines for Nurses  
  http://www.rnao.org/pda/asthma
• Supporting and Strengthening Families Through Expected & Unexpected Life Events  
  http://www.rnao.org/pda/fam
• Collaborative Practice Among Nursing Teams  
  http://www.rnao.org/pda/team
• Prevention of Falls and Fall Injuries in the Older Adult PDA Guideline  
  http://www.rnao.org/pda/falls
• Woman Abuse: Screening, Identification and Initial Response  
  http://www.rnao.org/pda/wabuse
• Nursing Management of Hypertension Self Assessment Tool  
  http://www.rnao.org/pda/hyp

Eleven of the PDA guidelines are available in French.

• Évaluation et traitement des lésions de pression de stades 1 à 4  
  http://www.rnao.org/pdafrench/ulcers
• Soins axés sur les besoins du client:  
  http://www.rnao.org/pdafrench/client
• Intervention en situation de crise:  
  http://www.rnao.org/pdafrench/crisis
• La cessation du tabagisme : intégration dans la pratique quotidienne des soins infirmiers :  
  http://www.rnao.org/pdafrench/quit
- Prévention de la constipation chez les personnes âgées: [http://www.rnao.org/pdafrench/cons](http://www.rnao.org/pdafrench/cons)
- Favoriser la continence par le déclenchement de la miction [http://www.rnao.org/pdafrench/void](http://www.rnao.org/pdafrench/void)
- Stratégies de soins pour le délire, la démence et la dépression : [http://www.rnao.org/pdafrench/dddc](http://www.rnao.org/pdafrench/dddc)
- Dépistage du délire, de la démence et de la dépression chez les personnes âgées: [http://www.rnao.org/pdafrench/ddds](http://www.rnao.org/pdafrench/ddds)
- Évaluation et prise en charge de la douleur: [http://www.rnao.org/pdafrench/pain](http://www.rnao.org/pdafrench/pain)

**HEALTH EDUCATION FACT SHEETS**

- Gaining Control of Your Pain
  - Maîtriser sa douleur
- Incontinence: Breaking the Silence
  - L’incontinence: Rompre le silence
- Constipation: Prevention is the Key
  - La Constipation: La prévention est maître
- Putting Patients First
  - Placer les patients à l’avant-plan
- Reduce Your Risk for Falls
  - Réduire les risques de chute
- Taking the Pressure Off: Preventing Pressure Ulcers
  - Soulager la pression: Prévention des lésions de pression
- Understanding Crisis
  - Pour comprendre les crises
- Deciding to Quit Smoking
  - Prendre la décision de cesser de fumer
- The Goal in Asthma Control
  - Objectif: Le contrôle de l’asthme
- Recognizing Delirium, Dementia and Depression
  - Comment reconnaître de délire, la démence et la dépression
- Taking Care of your Legs
  - Prendre soin de vos jambs
- Breastfeeding – The Best Start
  - L’allaitement maternel: Pour le meilleur départ possible
- Chronic Obstructive Disease (COPD) – Helping You Breath Easier
  - Bronchopneumopathie chronique obstructive (BPCO) – Pour vous aider à mieux respirer
- Caring For Persons with Delirium, Dementia and Depression
• Le soin des personnes souffrant de délire, de démence ou de dépression
  ➢ Diabetes & You
    • Le diabète et vous
  ➢ You and Your IV
  ➢ Healthy Eating & Physical Activity: Healthy Habits That Last A Lifetime
  ➢ Reducing the Risk of Hypertension

Guidelines and Health Education Fact Sheets and other program related materials can be ordered and/or downloaded for FREE at www.RNAO.org/bestpractices.

For additional information and resources, visit the NBPRU web site under Resources Section www.nbpru.ca.