Canadian Association of Advanced Practice Nurses

Diversity in Advanced Nursing Practice: Boundless Horizons

September 28th - 30th, 2011
Hilton Garden Inn, Saskatoon, SK

2011 Biennial Conference

in partnership with the Saskatchewan Association of Nurse Practitioners and the Nurse Practitioners of Saskatchewan
2011 CAAPN Conference
Diversity in Advanced Nursing Practice: Boundless Horizons

The Canadian Association of Advanced Practice Nurses (CAAPN) is pleased to invite your participation in the 8th Biennial Conference to be held in Saskatoon, Saskatchewan from September 28th – 30th, 2011. This conference is presented in partnership with Nurse Practitioners of Saskatchewan (NPOS) and the Saskatchewan Association of Nurse Practitioners (SANP).

CAAPN is a national Canadian organization consisting of over 500 members, mainly Advanced Practice Nurses (APNs), encompassing a multitude of specialties. CAAPN is a member of the Canadian Nurses Association (CNA). APNs, also known as Clinical Nurse Specialists (CNSs), Acute Care (or Specialty) Nurse Practitioners (ACNP’s) and Primary Health Care Nurse Practitioners (PHC NPs), work with patients and their families across the continuum of care. CAAPN is the national voice for all APNs, with the goal of advocating for reducing barriers and supporting APNs.

NPOS is a Professional Practice Group (PPG) of the Saskatchewan Registered Nurses Association (SRNA). The mandate of NPOS is to be a voice of RN(NP)s speaking in the public interest. PPGs are bound by the mandate, mission, vision and ends of the SRNA and work closely with the SRNA on practice and regulatory issues affecting RN(NP)s. NPOS works to raise the awareness of the RN(NP) role within Saskatchewan.

SANP strives to be the cohesive voice for all nurse practitioners in Saskatchewan that promotes and advances nurse practitioner roles to improve the health of the province’s residents. In partnership with key stakeholders, SANP increases awareness of the nurse practitioner role, and influences legislation, regulation, and policy. SANP is a non-profit, volunteer-run, professional organization.

This conference will be of interest to Advanced Practice Nurses, students, health care managers, health care administrators, educators, researchers, and health policy makers. A variety of conference sessions will build on the theme of integrating and bringing together practice, research, education and leadership/administration within advanced practice nursing.

Conference Sponsors
The City of Bridges

Located along the South Saskatchewan River, the city of Saskatoon boasts seven bridges dubbing it “The Bridge City”. Saskatoon has more hours of sunshine annually than any other Canadian city. A city for all, it features a range of sightseeing opportunities, from over 6000 years of First Nations history celebrated at Wanuskewin Heritage Park to Canada’s largest science project, the Canadian Light Source Synchrotron. Annual events such as Winterfest, Shakespeare on the Saskatchewan, Vesna, Folkfest, A Taste of Saskatchewan, the Fringe Festival, and the renowned Saskatchewan Jazz Festival all make Saskatoon a popular tourist destination.

You won’t want to miss!

Join us for the social event of the season where you will be taken back in time to 1910 Boomtown, capturing the atmosphere and style of this bustling period that dramatically shaped the history of Saskatchewan. The evening will feature cocktails on “the street” and prairie-style food and entertainment to celebrate harvest time in Saskatchewan. A highlight you won’t want to miss!

Hotel Information

The Hilton Garden Inn, located in downtown Saskatoon, is only blocks away from the beautiful Meewasin Trail following the South Saskatchewan River. Across from the hotel is Midtown Plaza, one of Saskatoon’s finest shopping malls. Numerous restaurants, from fine dining to ethnic cuisine to friendly pubs, are only a short walking distance away.

A block of rooms has been set aside at the Hilton Garden Inn, single or double accommodation at $169 per night plus tax. To reserve your room please call 1-877-STAY-HGI or visit www.saskatoon.hgi.com and use the group/convention code NURSE.

For More Information about the Conference

Please contact: Events of Distinction
#101 - 2301 Avenue C North, Saskatoon, SK S7L 5Z5
Phone: (306) 651-3118   Fax: (306) 651-3119   Email: eold@sasktel.net
Pre-Conference Workshop – September 28th

8:30 am – 9:30 am
Registration/Breakfast
9:30 am – 12:30 pm
Suicide Risk Assessment
(sponsored by the Canadian Agency for Drugs and Technologies in Health)
12:30 pm – 1:30 pm
Lunch
1:30 pm – 4:30 pm
Practical Pointers to Finding and Using Research Evidence to Strengthen Health Systems - Learn from the EXTRA Program
(sponsored by EXTRA Forces and the Canadian Health Services Research Foundation)
5:30 pm – 8:00 pm
Welcome Reception - open to all conference attendees
(registration, wine & cheese, and poster presentations)

Conference Day 1 – September 29th

7:00 am – 8:30 am
Registration/Breakfast
8:30 am – 9:00 am
Opening Remarks/Welcome
9:00 am – 10:15 am
Opening Keynote with Dr. Marlene Smadu
10:15 am – 10:45 am
Exhibitors/Nutrition Break/Poster Viewing
10:45 am – 12:00 pm
Clinical Nurse Specialists in Canada: From Research to Action Panel Discussion
12:00 pm – 1:00 pm
Lunch/Exhibitors
1:00 pm – 1:30 pm
Concurrent Session 1
1:35 pm – 2:05 pm
Concurrent Session 2
2:05 pm – 2:40 pm
Exhibitors/Nutrition Break/Poster Viewing
2:40 pm – 3:10 pm
Concurrent Session 3
3:15 pm – 3:45 pm
Concurrent Session 4
4:00 pm – 5:00 pm
Group AGMs/Meetings
(please contact conference planner to make arrangements)
5:30 pm – 9:30 pm
Social Event at Western Development Museum

Conference Day 2 – September 30th

7:30 am – 8:30 am
Exhibitors/Registration
8:15 am – 10:15 am
Breakfast/CAAPN Biennial General Meeting
10:15 am – 10:45 am
Exhibitors
10:45 am – 12:00 pm
Future of Advanced Practice Nursing in Canada: Directions for Advanced Practice Nursing Education Panel Discussion
12:00 pm – 1:00 pm
Common Pediatric Respiratory Disorders Lunch Symposium
(sponsored by Abbott)
1:00 pm – 1:30 pm
Poster Awards
1:30 pm – 2:00 pm
Concurrent Session 5
2:05 pm – 2:35 pm
Concurrent Session 6
2:35 pm – 3:00 pm
Exhibitors/Nutrition Break
3:00 pm – 4:00 pm
Take a Deep Breath... with Patrick Blais
4:00 pm – 4:30 pm
Closing Keynote with Dr. Marlene Smadu
4:30 pm – 5:00 pm
Wrap-Up
Keynote Speaker: Dr. Marlene Smadu

Opening Keynote: Boundless Horizons: Advanced Practice Nurses in all Domains of Nursing
As advanced practice nursing has grown and developed in Canada, with clearer descriptions of roles, competencies and standards, the nursing community, and particularly advanced practice nurses, needs to direct how advanced practice nurses are integrated into all of the domains of nursing: clinical practice, education, research, administration, and policy. This presentation will reflect on the strategic opportunities for advanced practice nurses in all domains and challenge the participants to create a preferred future, with boundless horizons for advanced practice nursing.

Closing Keynote: So What? Now What?
Having spent two days together examining the boundless horizons for and the diversity in advanced nursing practice, participants will be challenged to address “So What? Now What?”. This presentation will review the key outcomes of this conference and urge participants to practical and focused action – tomorrow, next month, next year.

Marlene Smadu, RN, EdD is the Associate Dean, Southern Saskatchewan Campus and International Student Affairs for the College of Nursing, University of Saskatchewan. Prior to this role, she served as the Assistant Deputy Minister of Health and Principal Nursing Advisor for the government of Saskatchewan, and Education Consultant and Executive Director at the Saskatchewan Registered Nurses Association. Dr. Smadu is chair of the Saskatchewan Health Quality Council, a member of the Board for the Canadian Institute for Health Information and is the facilitator for the Saskatchewan Union of Nurses – Government of Saskatchewan Partnership Table that addresses nursing retention and recruitment. Dr. Smadu, having served as President of the Canadian Nurses Association, is now the 3rd Vice President of the International Council of Nurses. Dr. Smadu's research program includes health human resource planning and development, Aboriginal health, the development of quality workplaces, quality improvement, health and nursing policy, knowledge transfer, and leadership.

Pre-Conference Workshops

Suicidal Behaviour: What is it Really About?
Suicide is a significant health problem in every country in the world and is among the ten leading causes of death. While it has been systematically and scientifically studied, it is almost impossible to predict in any given individual. This interactive session will enhance your assessment skills as an advanced practice nurse through the sharing of up-to-date research findings blended with practical tools and communication techniques. Individual and community risk factors and protective factors will be illustrated through interactive case-study presentation, and a clear and practical model for initiating assessment and intervention of suicide ideation and behaviour. The model promotes the understanding of suicide behaviour in the context of the client’s family, and their social and community experiences.

Presenters:
Dr. Lee Murray is an Associate Professor at the College of Nursing, University of Saskatchewan and a Clinical Nurse Specialist in Adolescent Mental Health.
Brendalynn Ens, RN is the Saskatchewan Liaison Officer for the Canadian Agency for Drugs and Technologies in Health (CADTH) and in this role provides knowledge exchange and research interpretation support to health care professionals.

Sponsored by:
Canadian Agency for Drugs and Technologies in Health  Agence canadienne des médicaments et des technologies de la santé

Practical Pointers to Finding and Using Research Evidence to Strengthen Health Systems – Learn from the EXTRA Program
This session will provide practical pointers to finding and using research evidence to strengthen health systems – at the local, provincial, or national level. How can a particular health system problem best be understood, and how can it be framed in ways that will engage different constituencies? What is known about viable policy and programmatic options for addressing the problem? What barriers to implementation are likely to be encountered and what strategies can best address the barriers? Each of these questions calls for different types of research evidence. Knowing what to look for, where to look, and what to do with what you find can make a big difference to the populations you serve.

Presenters:
Dr. Terry Sullivan, Academic Coordinator of the EXTRA Program, Associate Professor, Department of Health Policy, Management and Evaluation, University of Toronto
Dr. John Lavis, Director, McMaster Health Forum; Professor, Clinical Epidemiology and Biostatistics; and Canada Research Chair in Knowledge Transfer and Exchange, McMaster University

Sponsored by:
Canadian Health Services Research Foundation  Fonds canadien de la recherche en services de santé

Canadian Association of Advanced Practice Nurses
National Biennial Conference
September 28th - 30th, 2011
Saskatoon, SK
Panel Discussions

Clinical Nurse Specialists in Canada - From Research to Action
This panel session will outline the following: 1) results of a decision support synthesis on advanced practice nursing in Canada with a focus on the clinical nurse specialist role; 2) results of a recently completed Canada-wide survey of CNSs; and 3) recommendations for action identified by key stakeholders and leaders from across the country regarding the full integration of APN and, in particular, CNS roles in Canada. This interactive session will provide opportunities for attendees to further explore, clarify, and comment on priorities and recommendations for optimizing the effective use of CNSs in Canada.

Presenters:
Denise Bryant-Lukosius, BScN, MScN, PhD, Assistant Professor, McMaster University
Kelley Kilpatrick, MSc(A), PhD, McGill University
Beverley McIsaac, RN, MN, ANP
Moderator: Josette Roussel, RN, MSc, MEd, GNC(C), Nurse Advisor, Professional Practice and Regulation, Canadian Nurses Association

Future of Advanced Practice Nursing in Canada: Directions for Advanced Practice Nursing Education
In this session, panel members will present on the goals, value, and mission of their agency and how it views advanced practice nursing. Questions that will be explored include: How does each agency differentiate between Clinical Nurse Specialist and Nurse Practitioner education? How should the education of advanced practice nurses in Canada be realized? Where would the DNP and PhD fit into this scenario?

Presenters:
Clémence Dallaire, RN, PhD, Professor, Faculty of Nursing, Laval University President, Canadian Association of Schools of Nursing
Barbara L. Mildon, RN, PhD, CHE, President-Elect Canadian Nurses Association
Ruth Martin-Misener, NP, PhD, Associate Professor, Dalhousie University, School of Nursing
Kimberley Lamarche, RN(NP), DNP, President-Elect CAAPN
Moderator: Sheila Coles, CBC Saskatchewan

Other Conference Highlights

“Take a Deep Breath……”
During this motivational presentation, you will be introduced to one of the leading world experts in behavioural analysis, all the way from Europe. He will be making this rare public appearance (rare because he is always in the lab doing research and because flights aren’t cheap!). He will share with you some ways to deal with certain behaviours, how to balance your emotions, and will add new “tools” to your toolkits at home and at work. You don’t want to miss him!

Presenter: Patrick Blais, RN

Patrick Blais is entering his 31st year as an RN. He has worked on pediatrics, PICU, palliative care, northern nursing as a primary care nurse and occupational health and safety. Patrick has been in management positions for over nine years and is at present teaching the Practical Nursing two-year program with Northlands College. In 2004, Patrick achieved a life-long dream of becoming a certified clown. Since then he has expanded his skills to include party events, therapeutic clowning in hospitals and long term care facilities, and clown training sessions with a variety of groups including nursing students, mental health and addiction workers. He has made appearances in elementary and high schools to present on topics of bullying and balancing your emotions.

Common Pediatric Respiratory Disorders
The objectives of this presentation will be to provide a general overview of the differences between the respiratory system of children and adults and to provide a more detailed discussion on the clinical presentation, diagnosis and treatment of childhood pneumonia, foreign body aspiration and bronchiolitis.

Presenter: Dr. Aaron Chiu, Program Director - Pediatric Residency Program; Director – RSV Prophylaxis Program; Assistant Director – Newborn Follow-up Program; Coordinator – Postgraduate Core Curriculum Program; Associate Professor, Neonatology University of Manitoba

Sponsored by:
# Concurrent Sessions

## Concurrent Session 1

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Authors</th>
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<tbody>
<tr>
<td>01-A</td>
<td>Clinical Nurse Specialists’ Role in Promoting Evidence Based Practice in Saskatchewan’s Health Care Settings</td>
<td>T. Diane Campbell, Dr. J. Profetto-McGrath</td>
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<tr>
<td>01-B</td>
<td>Changing Health in a RICHER Way.</td>
<td>Lorinette Scott MN, NP(F), M. Judith Lynam, RN, PhD, Kristi Panchuk, MN, NP(F)</td>
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<tr>
<td>01-C</td>
<td>The CNA Canadian Nurse Practitioner Exam Program: The Latest Trends and Developments</td>
<td>Christine Rickle Buckley, Charles Myrenga</td>
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## Concurrent Session 2

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<thead>
<tr>
<th>Session</th>
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<tbody>
<tr>
<td>02-D</td>
<td>Achieving Optimal Utilization of APN Roles through Collaboration</td>
<td>Linda Sawchenko, RN, BSN, MSHA, Mary Kjorven, CNS RN, BSN, MSHA</td>
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<tr>
<td>02-E</td>
<td>Integration of a Nurse Practitioner Role into a Long Term Care Facility</td>
<td>Tammy Damberger, NP</td>
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<td>02-F</td>
<td>Make Your Voice Heard: Becoming a Political Advocate</td>
<td>Maureen Klenk, NP, Beverly Melsaen, RN, BN, MN (ANP)</td>
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## Concurrent Session 3

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<th>Session</th>
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<tbody>
<tr>
<td>03-G</td>
<td>How Many and Where? Trends of Canada’s Nurse Practitioner Workforce.</td>
<td>Robert Pelletier, BA, MIS</td>
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<tr>
<td>03-H</td>
<td>A Nurse Practitioner Managed Post Operative Cardiac Surgery Clinic: An Effective Strategy for Bridging the Gap to Primary Care</td>
<td>Sandra Christie, RN (primary presenter), Jo-Anne V. Sawatzky, RN, PhD, Rohit K. Singal, MD, MSC, FRCSC</td>
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<tr>
<td>03-I</td>
<td>Mentorship for Advanced Practice Nurses: Lessons Learned from the Oncology Nursing e-Mentorship Program</td>
<td>Denise Bryant-Lukosius, RN, PhD, Valda Duke, RN, BN, NP-PHC, MN-ANP, Diane Gwarta, NP-PHC, Lynne Miller, RN, MN, Linda Watson, RN, MN, PhD(e), CON(C)</td>
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## Concurrent Session 4

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<th>Session</th>
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<tbody>
<tr>
<td>04-J</td>
<td>The Social Media Survival Guide</td>
<td>Dr Kimberly Lamarache, RN, NP, DNP</td>
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<tr>
<td>04-K</td>
<td>Envisioning “Visible” Faculty Practice for APNs.</td>
<td>Denise Tarhier, PhD(F)</td>
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<tr>
<td>04-L</td>
<td>Developing and Integrating Research into your Advanced Practice Nursing Role: Strategies, Impact and Lessons Learned from a Centre for Excellence</td>
<td>Denise Bryant-Lukosius, RN, CON(C), BSN, MSN, PhD, Lorraine Martelli-Raad, RN, RNIECS, BSN, MN, NP-Adult, Margaret Forbes, RNIEC, BSN, RN, CON(C), Lynne Jolly, RNC, MSN, CON(C), Edith Paton, RN, MN, PhD(C), Avital Maita, RN, PhD</td>
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## Concurrent Session 5

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<th>Session</th>
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<tbody>
<tr>
<td>05-M</td>
<td>Using Modified Delphi Process to Prioritize Messages for Policy Decision Makers: An Application in the Field of Advanced Practice Nursing</td>
<td>Nancy Carter, RN, PhD, Sandra MacDonald-Rencz, John Lavis</td>
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<tr>
<td>05-N</td>
<td>NurseONE - the Knowledge Beacon…(interactive session)</td>
<td>Micheline Jaworski</td>
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<tr>
<td>05-O</td>
<td>Impact of the PEPPA Framework on the Introduction of Advanced Practice Nursing Roles for Underserviced Populations</td>
<td>Nancy Carter, RN, PhD, Alisa DiCenso, RN, PhD, Esther Green, RN, MSc(T), Nancy Carter, RN, PhD</td>
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## Extended Session: 1 hour

### Concurrent Session 6

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<tr>
<th>Session</th>
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<tbody>
<tr>
<td>06-P</td>
<td>Acute Care Nursing Administrators’ Information Needs about Advanced Practice Nursing</td>
<td>Nancy Carter, RN, PhD, Maureen Dobbins, Gladya Peache, Sandra Ireland, Heather Hoxby, Noori Ahdelar-Danesh, Alba DiCenso, RN, PhD</td>
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<tr>
<td>06-Q</td>
<td>What is Happening Next Door? The Advanced Practice Registered Nurse (APRN) Consensus Model in the U.S.: What is it and how might it impact Canada?</td>
<td>Kelly A Goudreau, DSM, RN, ACNS-BC</td>
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2011 CAAPN Conference Registration Form

Name: _____________________________________ Designation(s): ______________________

Organization: _________________________________________________________________

Address: _____________________________________________________________________

City: ___________________________ Prov: _________ PC: ________________

Phone: _______________________ Email: ________________________________________

Dietary Issues/Allergies: ________________________________________________________

Conference Registration

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<tr>
<th>Early Bird</th>
<th>(must be received by Aug. 28th)</th>
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<tr>
<td>☐ $400 (CAAPN members)</td>
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<tr>
<td>☐ $475 (Non-members)</td>
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<tr>
<td>☐ $225 (Students – proof required)</td>
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<tr>
<th>Registration</th>
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<tr>
<td>☐ $450 (CAAPN members)</td>
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<td>☐ $525 (Non-members)</td>
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<td>☐ $225 (Students – proof required)</td>
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Please indicate if you plan to attend:

Welcome Reception
☐ no additional cost

Pre-Conference on Sept. 28th
☐ add $100

Social Event on Sept. 29th
☐ add $75

Cheque enclosed (payable to CAAPN Conference)
Charge my credit card

Total fees submitted: $_________

Please indicate which sessions you plan to attend:

Conference Day 1

<table>
<thead>
<tr>
<th>Session 1 – 01-</th>
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<tr>
<td>Session 2 – 02-</td>
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<td>Session 3 – 03-</td>
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<td>Session 4 – 04-</td>
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Conference Day 2

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<th>Session 5 – 05-</th>
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<tr>
<td>Session 6 – 06-</td>
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☐ I give permission to have my name included on the delegate list.
☒ I understand that candid photographs will be taken at the event.

Signature: _______________________________________________________________

Mail this form to:    Fax to:    Scan and email to:
CAAPN Conference    306-051-3119    eofd@sasktel.net
c/o #101 – 2301 Avenue C North
Saskatoon, SK S7L 5Z5